



MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



AMPU



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 35 - 39 (8KM)						
1	301	Jetro	Sithole	NKG	Eskom	28:13
2	454	Sifiso	Nkosi		Eskom	32:04
3	3952	Simon	Matela	GS	EAC	33.23
4	9696	Gert	Oosthuizen	NKG	Midack	33:36
5	P1941	Mogale	Dikobe	NKG	GNAC	34:38
6	P4141	Abrie	van Zyl	GS	LS Goedehoop	34:43
7	1899	Given	Masuku	NKG	SAPS	35:16
8	15	Jonas	Mabena	NKG	Eskom	35:26
9	P2947	Lourens	Beeslaar	EHL	Longtom Marathon	39:49
10	T6704	Briel	Pieter	EHL	OCR Nelspruit	39:50
11	321	Kgashame	Mathipa	NKG	Eskom	44:53
12	P1547	Johan	Bezuidenhout	GS	Secunda Marathon	1:03:52
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024						
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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 40 - 44 (8KM)						
1	2166	Motlatsi	Sesing	NKG	NAA	29:43
2	460	Philani	Mkhwanazi	NKG	Eskom	31:16
3	3	Emmanuel	Mabaso	NKG	NAA	31:56
4	P588	Hannes	Benson	EHL	Low Med	34:07
5	P1538	Coenraad	Meyer		Secunda	37:08
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 45 - 49 (8KM)						
1	P3864	Brand	du Plessis	GS	SASOL	27:01
2	453	Raymond	Nkosi		Eskom	32:24
3	P1278	Kobus	Maree	EHL	DAC	32:52
4	P1559	Dirk	Van den Heever	GS	Secunda Marathon Club	33:41
5	3361	Andries	Van Wyngaard	EHL	RWFL	36:16
6	1456	Andrew	Dollenberg	EHL	Nedbank	39:05
7	P2786	De Wet	Holtzhausen	NKG	Taalfees	42:29
8	1978	Pieter	Grobbelaar	GS	Standerton	46:56
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 50 - 54 (8KM)						
1	2525	Patrick	Ntimane	EHL	Bellas A Club	35:19
2	P985	Nico	Ligthelm	NKG	Sliptream	41:48
3	P1650	Neil	Parkes	GS	Secunda	44:11
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 55 - 59 (8KM)						
1	315	Lukas	Mahlangu	NKG	Eskom	34:03
2	1161	Linda	Magqabi	GS	Sasol Marathon	40:22
3	P1534	Johannes	Swanepoel	GS	Secunda	45:42
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
JUNIOR MEN (8KM) (2005-2006)						
1	P3790	Musawenkasi	Mnisi	GS	Sasol AC	25:48
2	P5123	Tebogo	Nlolefe	GS	Shalom	27:13
3	1949	Katlego	Bambo	NKG	GNAC	27:33
4	P2175	Ndlangamandla	Sandile	NKG	NAA	28:13
5	3798	Lebo	Makhalemele	GS	Sasol AC	28:13
6	2184	Banele	Ntuli	NKG	NAA	28:20
7	4472	Mavuso	Thembinkosi	GS	Conquerours	28:43
8	P2248	Zakhele	Mathebula	NKG	NAA	29:29
9	P2972	Sfiso	Manana	EHL	Lowveld High School	29:43
10	P3802	Mthekozisi	Xaba	GS	Sasol AC	30:44
11	P5017	Saneliso	Mamba	GS	Ligbron Academy	32:41
12	P1270	Ndumiso	Magqabi	GS	Sasol Marathon Club	33:17
13	P3091	Ruben	Steenkamp	NKG	Rooies Club	33:50
14	3911	Kabelo	Jonase	GS	Sasol	34:58
15	P1492	Mpho	Makeli	EHL	Lowveld High School	35:06
16	2453	Yusuf	Asvat	EHL	Bellas Athletics	35:09
17	P2242	Marcus	Mogolo	NKG	NAA	36:46
18	P545	Zander	Joubert	EHL	LowMed	38:18
19	P5089	Sakhile	Ngonde	NKG	NAA	51:35
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 35-39 (4KM)						
1	P694	Roxanne	Oosthuizen	NKG	Midack	16:21
2	2249	Keneilwe	Sesing	NKG	NAA	16:52
3	P2799	Elsa	Langeveldt	NKG	Taalfees a club	16:55
4	P196	Renata	Stander	EHL	Legogoto	17:04
5	P2565	Renatha	Botha	EHL	Bellas	18:06
6	P799	Chantal	Jordaan	NKG	midack	19:34
7	P4462	Laura	Kuhn	NKG	Coaldust	20:06
8	P1023	Luleka	Matika	GS	Ermelo Athletics	21:21
9	2245	Themba	Mabaso	NKG	NAA	23:27
10	324	Nthabiseng	Sikwela	NKG	ESKOM	26:30
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 40-44 (4KM)						
1	2722	Ziphindile	Dlamini	GS	Correctional Service	17:52
2	P1406	Karina	Pauer	EHL	LVCC	18:43
3	P1455	Annelie	Dollenberg	EHL	LVCC Nedbank	18:40
4	P2084	Christelle	du Plessis	NKG	MMK	20:25
5	P2787	Janettha	Holtzhausen	NKG	Taalfees Club	20:48
6	3121	Christene	Kruger	NKG	Roopies Klub	21:52
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 45-49 (4KM)						
1	P986	Amanda	Ligthelm	NKG	Slipstream	18:20
2	P5	Chantal	MiddelBovee	EHL	DAC	18:52
3	P322	Anne-Marie	Mathee	NKG	ESKOM	20:54
4	P857	Mariaan	Janse van Rensburg	EHL	Onderberg	21:31
5	2414	Annamarie	van Zyl	EHL	Uniwisp	21:40
6	P4754	Rika	Buck	EHL	Lowmed	22:29
7	3364	Marelize	Badenhorst	EHL	RWFL	26:34
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 50-54 (4KM)						
1	3371	Madeleine	Whitehair	EHL	Nedbank LVCC	19:01
2	P475	Anke	du Toit	EHL	Lowmed	21:24
3	2261	Zodwa	Nkosi	EHL	City of Mbombela	22:15
4	329	Margeret	van Vuren	NKG	Eskom	25:05
5	2486	Nasreen	Omar	EHL	Bellas	25:41
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 55-59 (4KM)						
1	1388	Hannie	Weiss	EHL	Nedbank	20:34
2	P160	Charmaine	Adendorff	EHL	Legogote Villagers	23:02
3	487	Linda	de Bruyn	EHL	Lowmed	24:55
4	P3100	Frieda	Wassenaar	NKG	Roosies	26:05
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



AMPU



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 60-64 (4KM)						
1	1292	Zondi	Lusibane	EHL	Nelspruit marathon	28:51
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



AMPU



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN 65-69 (4KM)						
1	P2045	Estelle	Bullen	EHL	Middelburg MK	26:34
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



AMPU



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 75-79 (4KM)						
1	P731	Gabriel	Joubert	NKG	Midack	23:25
2	P4751	Joost	Trihou	EHL	Lowmed	24:36
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


AMPU


POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
SENIOR MEN (10KM)						
1	3791	Siyabonga	Xowana	GS	Sasol	32:28
2	3793	Tshiamo	Lepphoto	GS	Sasol	32:54
3	2152	Moses	Mahlango	NKG	NAA	33:25
4	3794	Nhlanhla	Mabusa	GS	Sasol	33:40
5	P2552	Sibungimcos	Maseko	EHL	Bellas	34:22
6	3822	Lebohang	Matima	GS	Sasol	34:32
7	P3763	Sibusiso	Malopane	EHL	Nedbank	35:23
8	2388	Ishmael	Phiri	EHL	City of Mbombela	35:50
9	305	Nkabinde	Mandla	NKG	Eskom	36:24
10	2606	Thabiso	Mashele	EHL	Bellas	36:27
11	P485	Thamsanqa	Hungguana	EHL	Lowmed	37:04
12	P2978	Lawrence	Matsinye	EHL	Barberton	38:33
13	P3144	Vusimuzi	Nkwanyane	GS	Leandra	39:04
14	823	Khoza	Happy	EHL	Born to win	39:29
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
SENIOR WOMEN (10KM)						
1	P1520	Michelle	Parkes	GS	Secunda M/C	45:23
2	1911	Wendy	Msezane	NKG	SAPS	47:35
3	P327	Cindy	Simelane	NKG	Eskom	55:29
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
JUNIOR WOMEN (6KM) (2005-2006)						
1	2643	Aimee	Mathabe	EHL	HS BERGLVAM	29:50
2	2794	Lene	Van der Merwe	NKG	HTS Witbank	30:49
3	4424	Isabella	Opperman	EHL	Rob	30:50
4	2793	Codey	van der Merwe	NKG	HTS Witbank	41:47
5	P1230	Mart-mari	Lourens	GS	Sasol Marathon Club	34:27
6	P2982	Supplement	Gwongwa	EHL	HS Baberton	35:57
7	P3653	Nomfundo	Mahlangu	NKG	Nkobola	37:03
8	P373	Sphesihle	Simelane	GS	Nkombola	38:31
9	2825	Nthabiseng	Lubisi	NKG	EDUcollege Witbank	41:51
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 60-64 (6KM)						
1	P1017	Thomas	Jacobs	GS	Ermelo	28:34
2	703	James	Faber	NKG	Midack	30:05
3	3761	Kobus	Beeslaar	EHL	Nedbank	32:02
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 65-69 (6KM)						
1	1589	Paul	Grobler	GS	Secunda M C	30:28
2	2825	Nthabiseng	Lubisi	NKG	Lowmed	41:51
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN 70-74 (6KM)						
1	P2053	Desmond	Jelliman	EHL	Middelburg Marathon C	32:49
2	2755	Piet	Britton	NKG	Medihelp	36:19
3	P3129	Vivan	Trollip	NKG	Rooies	-
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 16 (6KM) (2008)						
1	P4463	Junior	Shongwe	NKG	HGH	21:05
2	9960	Bongane	Mbokane	GS	Sasol Club	21:21
3	92232	Sbusiso	Manyonye	NKG	N.A.A	21:41
4	6715	Kwazi	Ngozo		Club	22:18
5	P1118	Ntando	Sibeko	NKG	Nkangala Athletics	22:21
6	P2174	Mondli Lifa	Matshiana	NKG	N.A.A	22:24
7	P537	Henru	Herbst	EHL	NHS	22:34
8	P3758	Princely	Mhangana	EHL	Lvcc Nedbank	22:44
9	6768	Thapelo	Mogoje	NKG	Eskom	22:55
10	P2244	Subusiso	Mabaso	NKG	NAA	22:58
11	1493	Simiso	Njomo	EHL	DAC	23:02
12	1484	Owethu Lebogang	Malope	EHL	DAC	23:32
13	P5083	Nduduzo	Mganda	NKG	NAA	23:55
14	P557	Nathan	Roodt	EHL	NHS	24:16
15	P514	Samual	Tryhou	EHL	NHS	24:34
16	P3795	Bongane	Khanye	GS	Sasol Club	24:38
17	2182	Lungisane	Sithole	NKG	NAA	24:44
18	4332	Wilreco	Beeslaar	EHL	H/S Lydenburg	24:48
19	P4936	Joshua	Negtzell de Wilde	EHL	NHS	24:49
20	P3090	Thomas	Prinsloo	NKG	Rooies	25:02
21	2230	Cindi	Siphesile		NAA	25:07
22	P5018	Sibongakonke	Vilakati	GS	Ligbron	25:43
23	1494	Siyabonga	Mhlabane		DAC	25:45
24	P519	Jen-Rue	Speergenberg	EHL	Lydenburg HS	26:23
25	P3843	Sabelo	Magozi	GS	Sasol Club	26:28
26	P1443	Thinus	Prinsloo	GS	Bethal MC	26:34
27	P1615	Zander	Bezuidenhout	GS	Sasol Club	29:07
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5,BOYS 16 (2008)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


AMPU


POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 17 (6KM) (2007)						
1	2180	Pule	Mabaso	NKG	NAA	22:07
2	P5080	Tsepo	Sibande	NKG	Nkangala	22:29
3	P3135	Nkosinathi	Thela	GS	Leandra Athletics	22:30
4	3808	Lwandle	Mzizi	GS	HS Standerton	22:30
1	3914	Arne	Potgieter	GS	H/S secunda	22:36
6	P2979	Lesedi	Morudi	EHL	H/S Barberton	23:06
7	P3803	Musa	Jiyane	GS	Sasol AC	23:09
8	P2197	Sphesihle	Msimango	NKG	Mkangela AC	23:16
9	2172	Mdblose	Siyabonga	NKG	N.A.A	23:28
10		Siyabonga	Zulu	GS	Sasol Club	23:28
11	P5122	Albert	Mohaba	NkG	HGH	23:34
12	P2839	Tiaan	Van Heerden	NKG	HTS Witbank	23:42
13	P2813	Jay-Dee	Combrink	NkG	HTS Witbank	23:50
14	4339	Dirk	Meyer	EHL	HS Lydenberg	23:59
15	P2389	Phila	Mhlongo	EHL	Mbombela Maratho	24:20
16	P2988	Samuel	Sgudhla	EHL	H/S Barberton	25:21
17	4676	Pieter	Jacobs	NKG	Rooies	25:24
18	P5019	Junior	Mkhwonazi	GS	Ligbron	25:31
19	6701	Samkelo	Mkhatshwa	EHL		25:49
20	2176	Simlindile	Lukhele	NKG	NAA	26:33
21	P2539	Nick	Snell	EHL	Bellas	26:36
22	P5183	Blessing	Masinga	EHL	Lowveld High	27:16
23	T9662	Sihle	Skosana	EHL	HS Lydenberg	31:00
24	2822	Temba	Motha		School	38:17
25	P1628	Lesedi	Sethowa	GS	HS Oosterland	40:15
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5,BOYS 17 (2007)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 8 (1KM) 2016 & YOUNGER						
1	P4267	Jadon	Holmner	GS	Laerskool Standerton	3:48
2	P4825	Llewelyn	Strydom	GS	JJ vd Merwe	3:50
3	P4573	Eben	Gouws	EHL	L/S Nelspruit	3:51
4	P2836	Tshepong	Mphirime	NKG	Curro Bankenveld	3:53
5	P2199	Siphesiwe	Mabunda	NKG	Nkangala	4:00
6	P1071	Jonatan	vd Merwe	GS	Ermelo AC	4:00
7	P2428	Zian	Schoeman	EHL	Bergland Laerskool	4:01
8	P4121	Eben	Booyens	GS	Goedeheop	4:08
9	P2808	Kijan	v d Merwe	NKG	L/S Taalfees	4:09
10	P4583	Barend	de Villiers	EHL	L/S Nelspruit	4:10
11	5054	Gideon	Pretorius	EHL	L/S Nelspruit	4:14
12	P671	Juvandre	Bekker	GS	Assegai Klub	4:15
13	T6714	Lethlothlo	Nkanyane	NkG	L/S Taalfees	4:18
14	P3285	Jay-Jay	Oosthuizen	EHL	L/S Taalfees	4:19
15	1060	Ruben	Bisschoff	GS	Ermelo AC	4:20
16	P4792	Melokuhle	Shabalala	EHL	Clivia	4:20
17	P4132	Andrich	Combrink	GS	L/S Goedeheop	4:21
18	P4240	Dian	Botha	EHL	White River Primary	4:24
19	P553	Luthando	Mdluli	EHL	NPS	4:25
20	P4623	Gedeon R	Hofmeyer	EHL	L/S Nelspruit	4:25
21	P115	Lealdo	Wessels	EHL	L/S Lydenburg	4:26
22	P2841	Logan	Jv Nieuwenhuizen	NKG	L/S Taalfees	4:27
23	P1509	Wessel	Vermaas	GS	Goedeheop	4:28
24	P4133	Ruben	Combrinck	GS	L/Sgoedeheop	4:31
25	P4943	Leon	Crawford	GS	L/S Standerdtion	4:32
26	P2851	Slethokuhle	Nzemande	NKG	L/S Taalfees	4:33
27	5053	Daniel	Pretorius	EHL	L/S Nelspruit	4:34
28	2206	Iminathi	Mabaso	NKG	NAA	4:36
29	P4643	Neo	Nediddid	EHL	Skukuza	4:36
30	P5105	Khetokhule	Khoza	NKG	L/S Taalfees	4:37
31	P3012	Bernard	Breet	EHL	Curro Nelspruit	4:37
32	P4606	Ilan	Hauptfleisch	EHL	L/S Nelspruit	4:39
33	4775	Ozayo	Maboke		KwaGuqa	4:44
34	P4996	Ewan	Pelser	NKG	CR Swart	4:46
35	P4109	Roriseng	Mokheseng	GS	L/S Goedeheop	4:47
36	T6717	Nethan	Lubisi	EHL	Nelspruit Primary	4:48
37	P873	Evan	Naude	EHL	L/S Nelspruit	4:49
38	P1062	Marnus	Steenkamp	GS	JJ vd Merwe	4:49
39	P2843	Kamogelo	Mampuru	NKG	Taalfees	4:51
40	P4919	Pienaar	Janse v Rensburg	GS	L/S Goedeheop	4:51
41	P4621	Daniel	Briel	EHL	L/S Nelspruit	4:56
42	4601	Edrich	de Villiers	EHL	L/S Nelspruit	5:00
43	575	Reinard	Viljoen	EHL	L/S Laeveld	5:02
44	T6709	Junior	Mahlangu	NKG	L/S Taalfees	5:03
45	P2795	Simeon	vd Merwe	NKG	L/S Taalfees	5:03
46	P4561	Martin L	Doyer	EHL	L/S Nelspruit	5:09
47	R6 700	Kaeleb	Beeslaar	EHL	L/S Lydenburg	5:13
48	2204	Bokang	Mabaso	NKG	NAA	5:19
49	P576	Joel	Adams	EHL	L/S Nelspruit	5:29
50	P3023	Sedi	Tsebane	EHL	Curro Nelspruit	5:30
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL
GIRLS 8 (1KM) 2016 & YOUNGER					
1	P4827	Isabella	Strydom	GS	JJ vd Merwe
2	P1620	Ivanka	Van Heerden	GS	Secunda MC
3	P805	Omphile	Kgapola	NKG	Midack
4	P4118	Marelle	Koch	GS	Goedehoop
5	P4081	Leandri	J.v. Rensburg	GS	Goedehoop
6	P688	Amore	de Kock	NKG	Midack
7	4791	Candice	Sithole	EHL	Clivia
8	P4829	Gretchen	Saaiman	GS	JJ vd Merwe
9	P4108	Zanri	Lotz	GS	Goedehoop
10	P4826	Joha	Basson	GS	JJ vd Merwe
11	P4114	Mia-ne	Smit	GS	L/S Goedehoop
12	P2785	Alrie	De Vos	NKG	Taalfees
13	P4828	Lienke	Grobler	GS	JJ vd Merwe
14	P4567	Riley	Adams	EHL	L/S Nelspruit
15	P4447	Wilme	Kruger	NKG	CR Swart
16	P4124	Mila	Du Plessis	GS	Goedehoop
17	P4080	Megan	Wasserman	GS	L/S Goedehoop
18	P4143	Mianique	Van Zyl	GS	Goedehoop
19	P4103	Mione	Mostert	GS	L/S Goedehoop
20	P5104	Leah	Du Plooy	EHL	Taalfees
21	P4553	Aniek	Myburgh	EHL	L/S Nelspruit
22	P4300	Jana-Sane	Geyser	NKG	CR Swart
23	P4607	Mika	Swart	EHL	L/S Nelspruit
24	P4269	Kaylene	Human	GS	L/S Standerton
25	P4631	Lumay	de Beer	EHL	L/S Nelspruit
26	P1065	Miane	Van Zyl	GS	JJ vd Merwe
27	P4807	Cylin	Perigleus	EHL	RWFL
28	P91	Lienke	Redelinghuis	NKG	L/S Kragbron
29	T9963	Aimee	Geogehan	GS	JJ vd Merwe
30	P4090	Sue-Ann	Janse van Rensburg	GS	L/S Goedehoop
31	P4406	Vhene	Oelofse	EHL	White River Primary
32	P4078	Karlienke	Koekemoer	GS	L/S Goedehoop
33	P4211	Megan	Woest	EHL	Skukuza Primary
34	P5154	Katrien	Geldenhuis	NKG	Taalfees
35	P753	Amore	Jordaan	NKG	Middelburg
36	P4650	Angarhelo	Shivambu	EHL	Skukuza Primary
37	P4128	Ameja	Dalgleish	GS	Goedehoop
38	P4129	Wiane	Vd Berg	GS	L/S Goedehoop
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 9 (2KM) 2015						
1	P804	Tshepiso	Mokwena	NkG	Midack	8:48
2	P4093	Charlize	Labuschagne	GS	Goedehoop	8:56
3	P1566	Karla	Coetzer	GS	LS Secunda	9:06
4	P4747	Lienke	Mouton	EHL	Laeveld	9:11
5	P4749	Anieke	Buck	EHL	LS laeveld	9:15
6	P161	Anthea	Joubert	EHL	LS Sabie	9:18
7	P5153	Asenathi	Ntshangase	NkG	LS Taalfees	9:19
8	P4401	Lee-Anne	Botha	EHL	LS Witrivier	9:20
9	P5092	Alaina	vd Walt	NkG	Taalfees	9:21
10	P2807	Joharene	vd Merwe	NkG	Taalfees	9:22
11	1612	Matildie	Buys	GS	Secunda MC	9:36
12	P3022	Zanike	Henning	EHL	Curro Nelspruit	9:44
13	P343	Zethembe	Mabuza	NkG	US Klipfontein	9:46
14	P4434	Lumari	Nieuwenhuis	NkG	Rooies	9:52
15	P699	Mieke	Oosthuizen	NKG	Midack	10:01
16	P1995	Carike	Snyman	GS	LS Standerton	10:06
17	P1608	Klara	Prinsloo		LS secunda	10:06
18	P4836	Lanique	Loubser	GS	JJ vd Merwe	10:39
19	P4585	kaylee	Orton	EHL	LS Nelspruit	10:26
20	P1601	Simone	van Staden	GS	Secunda MC	10:31
21	P3347	Jessica	Snyman	NkG	kragbron	10:37
22	T6711	Ntando	Nkosi	NkG	LS Dennesig	10:39
23	5158	Niyanda	Nomvete	NkG	Edu Witbank	10:40
24	P2858	Hilda	Thupana	GS	LS Taalfees	11:11
25	P1281	Xiluva	Mhlangu	EHL	Laeveld	11:16
26	P5106	Busisiwe	Shongwe	NkG	Taalfees	11:17
27	P4832	Anja	de Wet	GS	JJ vd Merwe	11:38
28	P4245	Deone	Willemse	EHL	Whiteriver	11:59
29	P2209	Amukelani	Mhlongo	NkG	NAA	12:00
30	T6713	Reabetswe	Makola	NkG	Dennesig	12:10
31	R5 096	Thembehle	Madonsela	NkG	Taalfees	12:16
32	P2226	Ndalo	Hlatswayo	NkG	NAA	15:58
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 10 (2KM) 2014						
1	P4123	Emma	du Plessis	GS	Goedehoop	8:23
2	P4599	Enye	Engelbrecht	EHL	LS Nelspruit	8:36
3	P3423	Zilne	Nieuwoudt	NKG	RWFC	8:37
4	2208	Amagelang	Kgaile	NKG	NAA	8:44
5	P5112	Charlene	Seabi	NKG	RCS	8:49
6	P4543	Annika	Blignout	EHL	LS Nelspruit	8:50
7	P4558	Olivia	Elmohamadi	EHL	Nellies	8:53
8	P1583	Lianke	Folscher	GS	Secunda MC	9:00
9	4602	Dene'	de Villiers	EHL	LS Nelspruit	9:04
10	P4582	Lylah	de Villiers	EHL	LS Nelspruit	9:14
11	P581	Mienke	Roelofse	EHL	Laeveld	9:16
12	P2857	Charmaine	Nkambule	NKG	LS Taalfees	9:20
13	4111	Haylee	Louw	GS	LS Goedehoop	9:22
14	P4256	Amahle	Dlamini	EHL	Whiteriver PS	9:23
15	P5115	Evadine	Stander	NKG	RSC	9:29
16	P4854	Helene	Bezuidenhout	GS	JJ vd Merwe	9:35
17	P2849	Charlotte	Geldenhuis	NKG	Taalfees	9:38
18	P1600	Mieke	de Kock	GS	Secunda MC	9:39
19	P4843	Mia	Drieselman	GS	JJ vd Merwe	10:03
20	4975	Ngibonge	Nene	GS	TPS	10:04
21	P1580	Zine	vd Merwe	GS	LS Secunda	10:07
22	P4630	Zeney'	de Beer	EHL	LS Nelspruit	10:14
23	P2858	Oratile	Thupana	NKG	Taalfees	10:21
24	P4554	Lienke	Myburgh	EHL	LS Nelspruit	10:55
25	P2790	Mila	Koch	NKG	Taalfees	11:06
26	P3804	Sinegugu	Thaele	GS	Sasol club	11:10
27	P587	Antoinette	Benson	EHL	Bergland	11:43
28	P5111	Nolitha	Nyuzuza	NKG	RCS	11:51
29	P5059	Anna	Noku	EHL	Meridian Karino	18:30
30	1980	Leanka	Grobbelaar	GS	Standerton LS	18:32
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL
BOYS 09 (2KM) 2015					
1	P4663	Leo	Nkosi	EHL	L/S Clivia
2	P4566	Stian	Pretorius	EHL	L/S Nelspruit
3	P4101	Keagan	Van Eeden	GS	L/S Goedehoop
4	P4632	Ian	Engelbrecht	EHL	L/S Nelspruit
5	P4546	Marcel	Ludike	EHL	L/S Nelspruit
6	P4448	Andries	Kruger	NKG	CR Swart
7	P202	Zandre	Kroukamp	EHL	L/S Sabie
8	P4572	Neil	Gouws	EHL	L/S Nelspruit
9	P1072	Petrus	Vd Merwe	GS	Ermelo AC
10	P4094	Jason	Hartzenberg	GS	L/S Goedehoop
11	P4557	Philip	Combrinck	EHL	L/S Nelspruit
12	P4569	Novan	Naude	EHL	L/S Nelspruit
13	P4106	Marno	Campher	GS	Goedehoopklub
14	P4095	Adriaan	Schoeman	GS	L/S Goedehoop
15	P4237	CJ	Riekert	EHL	L/S Witrivier
16	P5102	Lindokuhle	Madonsela	NKG	Taalfees
17	P2862	Jean-Claude	Masson	NKG	Taalfees
18	P4657	Luke	Broodryk	EHL	Skukuza
19	P4568	Rertz Gerrit	Doyer	EHL	L/S Nelspruit
20	P4403	Rowan	Stander	EHL	White River Primary
21	P4740	Sebastian	Coertze	EHL	L/S Laeveld
22	P4402	Logan	Stander	EHL	White River Primary
23	P1010	Siyamthanda	Khumalo	GS	Ermelo AC
24	P4608	Kven	Powell	EHL	Nelspruit Laer
25	P2850	Sihan	Van Rooyen	NKG	Taalfees
26	P4806	M-Jay	Perigleus	EHL	RWFL
27	P5156	Carlu	Beukman	EHL	Taalfees
28	P4610	Wouter	Du Toit	EHL	L/S Nelspruit
28	P4927	Janko	Venter	NKG	CR Swart
29	P2848	Christiaan	van Heerden	NKG	Taalfees
30	2207	Bonginkosi	Mthomben	NKG	N.A.A
31	2203	Manqoba	Mahlanguga	NKG	N.A.A
32	P1053	Onke	Phakathi	GS	L/S Ermelo
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 10 (2KM) 2014						
1	P2187	Mbekezeli	Magagula	NKG	N.A.A	7:30
2	P4547	Keagan	Du Preez	EHL	L/S Nelspruit	7:36
3	P4604	Christo	Jurgens	EHL	L/S Nelspruit	7:41
4	P4139	Lucan	Lessing	GS	L/S Goedehoop	7:49
5	P4549	Alex	de Kock	EHL	L/S Nelspruit	7:50
6	4725	Omagau	Manangetso	NKG	L/S Kragbron	7:53
7	P4838	Gilliame	Strydom	GS	JJ v.d Merwe	7:55
8	P118	Estevan	Wessels	EHL	L/S Lydenburg	8:00
9	4259	Bradley	Sidell	EHL	White River Primary	8:07
10	P112	Nkosenhle	Shongwe	EHL	L/S Sabie	8:10
11	2770	Abner	Lukhele	EHL	Bergland	8:11
12	P4100	Clayton	Schreuder	GS	L/S Goedehoop	8:17
13	P1605	Ryan	Jonker	GS	L/S Secunda	8:22
14	P2202	Mdlalose	Snethemba	NKG	N.A.A	8:23
15	P2805	JJ	Coetzer	NKG	Taalfees	8:24
16	P133	Tayron	Nortje	EHL	L/S Sabie	8:25
17	P2855	Rhylan	de Villiers	NKG	Taalfees	8:28
18	P1545	H.W	Meyer	GS	SMC	8:37
19	P3422	Quinton	Roos	NKG	RWFL/ CR Swart	8:40
20	P2200	Scebi	Mabunda	NKG	Nkangala	8:43
21	P4239	Vhal-Jean	Bezuidenhout	EHL	L/S Witrivier	8:44
22	P4571	Janco	Cronje	EHL	L/S Nelspruit	8:46
23	P2852	Prince	Phogole	NKG	Taalfees	8:47
24	P4555	Dylan	Roodt	EHL	L/S Nelspruit	8:52
25	P4649	Dwayne	Woes	EHL	Skukuza	8:53
26	P4079	Stephan	Koekemoer	NKG	L/S Goedehoop	9:00
27	P4137	Gareth	Smith	GS	L/S Goedehoop	9:01
28	T6716	Tshepang	Ndlovu	EHL	White River Primary	9:06
29	9965	Pharrell		EHL	White River Primary	9:17
30	P4629	Joshua	Hofmeyer	EHL	L/S Nelspruit	9:18
31	P5143	Luciana	Louw	NKG	Taalfees	9:23
32	P4944	Christiaan	Dippenaar	GS	Laerskool Standerton	9:28
33	P2433	Kai	De Man	EHL	Bergland	9:33
34	P1048	Ntando	Mashe	GS	L/S Ermelo	9:41
35	P5110	Samu	Sibiya	NKG	RCS	9:42
36	P4598	Ludre	Vos	EHL	L/S Nelspruit	10:04
37	P5058	Phathu	Mulovehedia	EHL	Meridian Karino	10:24
38	P1064	Janru	Van Zyl	GS	JJ v.d Merwe	10:35
39	P4841	Cillie	Kloppers	GS	JJ v.d Merwe	10:49
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 11 (3KM) 2013						
1	P3867	Ennike	du Plessis	GS	LS Secunda	12:50
2	P4850	Luney	Robberts	GS	JJ vd Merwe	12:57
3	4977	Lethokuhle	Maseko	GS	TPS	13:04
4	P2784	Anke	De Vos	NKG	Taalfees	13:31
5	P4575	Lua	Pienaar	EHL	LS Nelspruit	13:35
6	P4134	Chloe	Kieb	GS	LS Goedehoop	13:37
7	P4748	Lara	Martan	EHL	Laeveld	13:40
8	P4120	Mia	van Eeden	GS	Goedehoop	13:42
9	4776	Qhawekazi	Maboke		kwaguqa Academy	13:45
10	P1603	Elana	Klein	GS	LS Secunda	13:48
11	P2004	Lea	Labuschagne	NKG	CR Swart	14:01
12	P3187	Thando	Mahlangu	NKG	Siyabuswa AC	14:10
13	P4262	Phiwo	Hlatshwayo	EHL	White River Primary	14:14
14	P4648	Arianna	Coetsee	EHL	Skukuza Primary	14:25
15	P345	Khwezi	Mabuza	NKG	LS Klipfontein	14:27
16	P4248	Hanna	Badenhorst	EHL	White River Primary	14:34
17	P199	Purpose	Sibanyoni	EHL	LS Sabie	14:35
18	P4743	Michelle	Fourie	EHL	LS laeveld	14:36
19	P4354	Karla	Roux	NKG	RWFL	15:02
20	2210	Thanduyise	Motla	NKG	NAA	15:05
21	P 5108	Hendrietta	Lourie	NKG	RCS	15:11
22	3009	Olivia	van heerden	EHL	Curro Nelspruit	15:12
23	P4669	Monique	Ngodwana	EHL	Civia	15:17
24	2247	Owami	Lingwati	NGK	NAA	15:47
25	2826	Victoria	Mhlanga	NGK	Edu witbank	15:49
26	311	Danelle	Greyvenstein	NGK	LS Balmoral	16:01
27	P4084	Hailey	Herbst	GS	Goedehoop	16:01
28	P4874	Brenezmay	Swanepoel	GS	JJ vd Merwe	16:22
29	4576	Elin	Pienaar	EHL	Laerskool Nelspruit	16:34
30	2827	Yohanan	Monuta	NKG	Edu witbank	17:52
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 12 (3KM) 2012						
1	P4457	Tianay	Smit	NKG	Klipfontein LS	12:01
2	P4658	Shireen	Hlebeya	EHL	Skukuza	12:04
3	P4138	Izanie	Ferguson	GS	LS Goedehoop	12:22
4	P1616	Kayla	Bezuidenhout	GS	Secunda LS	12:37
5	P4857	Ellane	dos Reis	GS	JJ vd Merwe	12:42
6	P4125	Milan	Zwarts	GS	Goedehoop	12:52
7	P2448	Liani	Stassen	EHL	LS Bergland	13:05
8	P4247	Ciska	vd Merwe	EHL	LS Witrevier	13:12
9	P4250	Esti	Raath	EHL	Whiteriver PS	13:13
10	P657	Nthando	Vilakazi	GS	Manantha School	13:17
11	P2635	Bella	Cooks	EHL	NPS	13:22
12	T6710	Precious	Gidzhana	NKG	LS Dennesig	13:23
13	P5162	Luchyda	Louw	NKG	Taalfees	13:23
14	P1446	Mia	Maree	EHL	LS Nelspruit	13:27
15	P2191	Ntombenhle	Shongwe	NKG	NAA	13:39
16	P4249	Lisa	Raath	EHL	Whiteriver PS	13:40
17	4215	Nala	Riddell	EHL	Skukuza PS	13:43
18	P83	Richelle	Burger	NKG	Kragbron LS	13:45
19	P1602	Alandri	Bezuidenhout	GS	LS Secunda	13:51
20	P116	Mucke	jv Rensburg	GS	LS Secunda	13:52
21	P2853	Dominique	de Koker	NKG	Taalfees	13:58
22	P3421	Laaene	Roos	NKG	CR Swart	14:03
23	4980	Ofentse	Motaung	GS	TPS	14:04
24	P4998	Juanita	jv Rensburg	NKG	CR Swart	14:09
25	P1050	Siphuthando	Mthethwa	GS	LS Ermelo	14:16
26		Naledi	Tsoene	NKG	Cambridge	14:22
27	P4550	Leah	de Kock	EHL	LS Nelspruit	14:42
28	2823	Ezenkosi	Mazibuko	NKG	Edu- Witbank	14:59
29	P4596	Christa	Janson	EHL	LS Nelspruit	15:14
30	P5120	Enziwe	Dlamini	NKG	RCA	15:29
31	P97	Jalinka- Helge	Hamman		Kragbron LS	15:47
32	P564	Lisa	de Vos	EHL	Laeveld	15:48
33	P4581	Mieke	de Villiers	EHL	LS Nelspruit	15:50
34	P4877	Ane	Grobler	GS	JJ vd Merwe	15:54
35	P4651	Andzisa	Shivambu	EHL	Skukuza	15:54
36	P4587	Miane	Neuhoff	EHL	LS Nelspruit	16:01
37	P4641	Malwande	Dlamini	EHL	Skukuza	16:06
38	P2791	Lily	Koch	NKG	Taalfees	16:26
39	P4435	Chandra	Opperman	NKG	Rooies AC	16:42
40	P4436	Simone	Opperman	NKG	Rooies AC	16:55
41	P4212	Boago	Moreku	EHL	Skukuza	17:38
42	P2134	Lethabo	Maesela	NKG	Aerorand PS	18:13
43	P4701	Sarina	Wolmarans	GS	LS Kruijnpark	19:57
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10,GIRLS 12 (2012)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 11 (3KM) (2013)						
1	P3916	Kaywen	Human	GS	L/S Standerdtton	10:55
2	P2100	Hheldwenkosi	Mokone	NKG	NAA	11:19
3	P1544	CJ	Meyer	GS	SMC	11:20
4	P1026	Andre	Pretorius	GS	Ermelo Atletiek klub	11:27
5	P1081	Wenzokuhle	Nkosi	GS	L/SErmelo	11:49
6	P4846	Tshepiso	Kapa	GS	JJvd Merwe	11:50
7	P4580	Riwan	vd Merwe	EHL	L/S Nelspruit	12:02
8	P4268	Gordon	Holmner	GS	L/S Standerdtton	12:09
9	T6720	Wandile	Mazibuko	GS	Sasol AC	12:19
10	P2797	Jordan	Viljoen	NKG	L/S Taalfees	12:33
11	306	MC	van den Heever	NKG	L/S Balmoral	12:34
12	P94	Arman	Oostuyzen	NKG	L/S Kragbron	12:38
13	P2835	Tokelo	Mphirime	NKG	Curro Bankenveld	12:43
14	1613	Stefan	Buys	GS	Secunda MC	12:43
15	P4995	Lihan	Pelser	NKG	CR Swart	12:47
16	P563	Hanroux	Van Graan	EHL	L/S Laeveld	12:51
17	P4926	Nathan	Van Niekerk	GS	L/S Goedehoop	12:59
18	P1073	Simon	vd Merwe	GS	Ermelo Atletiek klub	13:02
19	4979	Tsohang	Shabangu	GS	TPS	13:14
20	P4622	Pieter	Briel	EHL	L/S Nelspruit	13:18
21	P175	Gosiame	Mogale	EHL	White River Primary	13:20
22	P1283	Den	Nkosi	EHL	Konyomane M C	13:47
23	P341	Kevin	Ellis	NKG	L/S Klipfontein	13:49
24	P198	Zaine	Kroukamp	EHL	L/S Sabie	14:00
25	P4586	Malan	Engelbrecht	EHL	L/S Nelspruit	14:23
26	P4563	Arnoudt	Middel	EHL	L/S Nelspruit	14:24
27	4647	Xikombiso	Mashaba	EHL	Skukuza	14:32
28	P2426	Bernard	De Beer	EHL	Bergland	14:41
29	P1609	Markus	Prinsloo	GS	L/S Secunda	14: 46
30	P4848	Lindo	Dlamini	GS	JJ v d Merwe	14:52
31	5062	Tsheoka	Mutavhalsindi	EHL	Meridian	15:08
32	P2431	Riley	Pietersen	EHL	Bergland	15:43
33	P4931	Janco	Botha	NKG	RWFL/CR Swart	16:34
34	P5107	Kgotso	Nkosi	NKG	RCS	17:19
35	P4845	Sion	Delport	GS	JJv d Merwe	18:04
36	P4544	Kihan	Marais	EHL	L/S Nelspruit	19:03
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11,BOYS 11 (2013)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 12 (3KM) 2012						
1	P5074	Ndumiso	Maseko	NKG	NAA	11:14
2	P4130	Willie-Uys	Janse v Rensburg	GS	L/S Goedehoop	11:16
3	P2194	Sbonelo	Habile	NKG	NAA	11:20
4	P132	Miguel	Nortje	EHL	L/S Sabie	11:30
5	3817	Thato	Nkomo	GS	Sasol AC	11:38
6	P4122	Louis	Du Plessis	GS	Goedehoop	11:45
7	4987	Orion	Arends	GS	TPS	11:48
8	4985	Miihlali	Ngodwana	GS	TPS	11:53
9	P288	Luthando	Hamanburg	EHL	L/S Sabie	11:54
10	P130	Elroy	Ingle	EHL	L/S Sabie	11:55
11	P4545	Declan	du Preez	EHL	L/S Nelspruit	11:59
12	4986	Thabang	Shabangu	GS	TPS	12:00
13	P4856	Tiaan	Bezuidenhout	GS	JJvd Merwe	12:04
14	P1570	Zander	vd Heever	GS	L/S Secunda	12:17
15	P3277	Niklas	Ligthelm	NKG	Cambridge	12:20
16	P4654	Makungu T	Khoza	EHL	Skukuza	12:22
17	P580	Nathan	Roelofse	EHL	Laeveld	12:24
18	P4110	Dian	Pretorius	GS	Goedehoop	12:29
19	P4589	Marco	Mentz	EHL	L/S Nelspruit	12:42
20	P558	Aiden	Nel	EHL	L/S Laeveld	12:46
21	P2801	Frans	vd Merwe	NKG	L/S Taalfees	12:57
22	P4855	Lauwrens	Marais	GS	JJvd Merwe	13:01
23	R4 662	Kuhlula	Khosa	EHL	Clivia Primary	13:15
24	P5082	Ntando	Thanjehuay	NKG	NAA	13:26
25	P3282	Mabobo	Mabogoane	NKG	Cambridge	13:39
26	P4603	Michail	Smit	EHL	L/S Nelspruit	13:53
27	P1638	Nkosimphile	Masina	EHL	L/S Sabie	13:55
28	P2205	Bohlale	Mabaso	NKG	NAA	13:56
29	P4238	Yuri	Bezuidenhout	EHL	Laerskool WR	13:56
30	P4597	Albi	Le Roux	EHL	L/S Nelspruit	14:26
31	P2137	Bokang	Chego	NKG	Aerorand	14:44
32	P3015	Hilton	Pappas	EHL	Curro Nelspruit	14:46
33	P1066	Elim	van Heerden	EHL	L/S Nelspruit	14:48
34	P23540	Taygon	Mc Hugh	EHL	Bergland	15:09
35	P1074	Josiah	vd Merwe	GS	Ermelo AC	15:20
36	P2135	Thabiso	Mashinini	NKG	Aerorand P/S	15:27
37	1952	Rekopantswe	Matseko	NKG	GNAC	16:22
38	3644	Kevin	Nyalunga	EHL	NPS	17:07
39	P1607	Phillip	Meyer	GS	L/S Secunda	17:50
40	P2425	Ruben	De Beer	EHL	Bergland	19:04
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11,BOYS 12 (2012)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 13 (3KM) 2011						
1	P3003	Zoe	Morgado	EHL	Curro Nelspruit	11:30
2	P4135	Minette	vd Berg	GS	Goedehoop	11:45
3	P4873	Marize	Cilliers	GS	JJ vd Merwe	11:53
4	P304	Laruchelle	Kuhn	NKG	Kragbron	12:11
5	P4297	Jay-Dee	vd Walt	GS	Rooies	12:13
6	P164	Danicka	Groenewald	EHL	Whiteriver PS	12:16
7	P141	Zoe	Janse van Rensburg	EHL	LS Lydenburg	12:44
8	4989	Nthando	Ntombela	GS	TPS	12:51
9	4991	Thandiwe	Malinga	GS	TPS	12:54
10	4990	Luthando	Ntombela	GS	TPS	13:00
11	P2803	Kiana	Visagie	NKG	Taalfees	13:11
12	P4136	Zane	van Rensburg	GS	LS Goedehoop	13:23
13	P3386	Levanne	du Plooy	NKG	CR Swart	13:33
14	P4131	Elanie	Breed	GS	LS Goedehoop	13:41
15	P2809	Vinique	van Antwerp	NKG	Taalfees	13:48
16	P171	Anuschka	de Klerk	EHL	LS Witrevier	13:56
17	P3436	Lica	Jordaan	NKG	CR Swart	14:09
18	P4870	Kay-Lee	Delport	GS	JJ vd Merwe	14:21
19	P4255	Leandri	Pretorius	EHL	LS Witrevier	14:26
20	P1065	Kuhlekonke	Shabanga	GS	LS Ermelo	14:35
21	P4102	Abigail	Zwarts	GS	Goedehoop	14:48
22	P4620	Mia	Briel	EHL	LS Nelspruit	14:56
23	P3079	Danica	jansen van Rensburg	NKG	HTS Middelburg	15:18
24	T6703	Mieke	du Plessis	NKG	LS Middelburg	15:19
25	P4425	Khensani	Nyakane	EHL	LS Sabie	15:33
26		Rethabile	Khumalo			15:46
27	P1049	Nozipho	Msami	GS	LS Ermelo	15:58
28	P3411	Mieke	Knoesen	NKG	CR Swart	16:39
29	P4243	Anel	Hogan	EHL	LS Witrevier	17:59
30	P3990	Mieala	Verheem	EHL	LS Laeveld	19:12
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 13 (4KM) (2011)						
1	P3866	Brand	du Plessis	GS	LS Secunda	13:57
2	P3842	Jabulane	Naale		Sasol	14:50
3	P4565	Ihvan	Pretorius	EHL	LS Nelspruit	15:13
4	P3128	Deon	du Ploy	NKG	LS Middleburg	15:23
5	4902	PJ	Ntimane	EHL	Bellas	15:26
6	2196	Mpendulo	Simelane	NKG	NAA	15:30
7	P4077	Mischan	Schoonwinkel	GS	Goedehoop	15:42
8	4993	Hlelo	Nhlapo	GS	TPS	15:45
9	P5076	Minenhle	Nkonde	NKG	NAA	15:47
10	P4720	Luan	Stoltz	EHL	LS laeveld	15:59
11	602	Sinethemba	Khoza	EHL	Skukuza	15:59
12	P2792	Johrne	Pretorius	NKG	Taalfees	15:59
13	P1595	Francois	van Tonde	GS	LS secunda	16:14
14	P4645	Njabulo	Mathebula	EHL	Skukuza	16:17
15	3362	Andries	van Wyngaard	EHL	Bergland	16:23
16	P5093	Keagan	vd walt	NKG	Taalfees	16:39
17	P89	koos	Msiza	NKG	LS Kragbron	16:43
18	P2195	Zinpendulo	Simelane	NKG	Nkangala	16:53
19	3647	Lungile	Tshabalala	NKG	Mkobola	17:01
20	P562	Xanru	Ferreira	EHL	LS laeveld	17:03
21	3845	Owethu	Skosana	GS	Sasol	17:12
22	P4744	Jonathan	Fourie	EHL	LS laeveld	17:26
23	P4638	Junior	Nelukalo	EHL	Skukuza	17:45
24	P2213	Samkelo	Simelane	NKG	NAA	17:49
25	P4864	Wikus	Saaiman	GS	JJ vd Merwe	17:52
26	P1294	Lino	Methule	EHL	kanyamazane	18:08
27	P1606	Christiaan	Buys	GS	Sasol	18:15
28	4665	Sibusiso	Masuku	EHL	Clivia	18:27
29	P4763	Otshepeng	Jacobs	EHL	Nelspruit Primary	20:16
30	P2804	Conrad	Coetzer	NKG	Taalfees	20:44
31	P2856	Shaun	Dunne	NKG	Taalfees	20:47
32	T9967	Atlegang	Molabi	NKG	LS Kraagbron	22:03
33	P586	Daniel	Benson	EHL	Bergland	22:57
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13,BOYS 13 (2011)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 14 (4KM) (2010)						
1	P1446	Leney	Maree	EHL	HS Nelspruit	16:15
2	4777	Qondile	Maboke		Kwagugu Academy	17:06
3	P3092	Ruane	vd Merwe	NKG	Rooies	17:13
4	1447	Mieke	Pauer	EHL	HS Nelspruit	17:18
5	P119	Janke	Steenkamp	EHL	Rob Ferreira	17:19
6	P1585	Gabriella	De Oliveira	GS	HS Secunda	17:21
7	P1587	June	van Wyk	GS	Secunda MC	17:26
8	P1548	Liane	vd Merwe	GS	Secunda MC	17:29
9	P4426	Jeanne	Badenhorst	EHL	Rob Ferreira	17:52
10	P2789	Danika	Holtzhausen	NKG	HTS Witbank	17:56
11	P3805	Mbali	Nkutha	GS	Sasol Club	18:00
12	5015	Werne	Engbrecht	GS	EHS	18:05
13	2211	Thandolwethu	Motha	NKG	NAA	18:11
14	P858	Lara	Janse van Rensburg	EHL	HS Nelspruit	18:16
15	4352	Irene	Verster	EHL	HS Lydenburg	18:29
16	P3098	Esmi	Viljoen	NKG	Rooies	19:07
17	P2842	Londiwe	Mahlangu	NKG	HS Witbank	19:29
18	4333	Abigail	Brink	EHL	HS Lydenburg	19:43
19	P3756	Jessica	Matthysen	EHL	NHS	19:53
20	4351	Jandri	van Zyl	EHL	HS Lydenburg	20:08
21	3895	Samukelisiwe	Nkosi	GS	Sasol Club	20:27
22	P5052	Ayla	Willemse	EHL	Bergvlam	20:57
23	P184	Amber	Mavuso	EHL	Rob Ferreira	22:14
24	P2802	Mbalenhle	Thabang	NKG	Curro Bankenveld	22:53
25	309	Christelle	Greyventein	NKG	HTS Witbank	25:35
26		Holwandle	Mtsholi		Sasol Club	25:57
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14,GIRLS 14 (2010)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 15 (4KM) (2009)						
1	P1030	Aletha	Kloppers	GS	Ermelo MC	16:33
2	P2170	Mlangeni	Khethiwe	NKG	NAA	16:40
3	P3816	Elihle	Zikalala	GS	Sasol Club	17:10
4	P1063	Johandi	Bezuidenhout	GS	Ermelo MC	18:25
5	P2814	Rosslean	De Kock	NKG	HTS Witbank	18:38
6	P542	Kara	du Preez	EHL	NHS	18:44
7	P3085	Sanel	Maritz	NKG	HTSM	19:01
8	P4757	Nina	Grobler	EHL	HS Nelspruit	19:04
9	P342	Kayla	Ellis	NKG	HGH HS	19:06
10		Sisanda	Gwambe	EHL	Bergvlam	19:20
11	NKG	Jessica	Kruger	NKG	Rooies	20:32
12	P4337	Jane	Lesch	EHL	HS Lydenburg	21:08
13	P3645	Princess	Maisi	EHL	Ngodwana MC	21:22
14	P3103	Charne	Coetsee	NKG	Rooies	21:32
15	P3127	Dizhane	Theron	NKG	Rooies	21:38
16	6712	Kaylee-May	Schoeman	EHL	Rob Ferreira	22:30
17	P2986	Zengilakhle	Mavayela	EHL	HS Baberton	23:02
18	P3839	Zandile	Masuku	GS	Sasol Club	23:43
19	P2800	Elizabeth	vd Heever	NKG	HTS Witbank	23:44
20	4345	Chane	Spies	EHL	HS Lydenburg	23:51
21	P3104	Lianca	Oostehuysen	NKG	Rooies	24:06
22	P2989	Lihle	Dlamini	EHL	HS Baberton	27:19
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



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POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
BOYS 14 (4KM) (2010)						
1	P114	Gian	Wessels	EHL	H/S Lydenburg	14:02
2	3784	Mukelo	Morema		DAC	14:41
3	P5081	Zamani	Mosotho	NKG	N.A.A	14:57
4	2164	Motlatsi	Sesing	NKG	N.A.A	15:21
5	P2837	Riaan	van Eeden	NKG	HTS Witbank	15:25
6	4678	Litha	Sonjica	GS	TPS	15:36
7	5075	Eddie	Shabangu	NKG	N.A.A	15:44
8	P5155	Lindelani	Madonsela	NKG	HTS Witbank	15:58
9	4994	Joseph	Zwane	GS	TPS	16:12
10	P3126	Zander	Henning	NKG	Rooies	16:18
11	P3014	Maynard	Breet	EHL	Curro Nelspruit	16:19
12	1448	Julian	Middel	EHL	NHS	16:19
13	P503	Robert	Jardine	EHL	H/S Nelspruit	16:36
14	2235	Thabang	Mabasa	NKG	N.A.A	16:45
15	P5077	Ndimande	Ntokozo	NKG	Nkangala	16:59
16	P1330	Liam	Kotze de Beer	EHL	Laeveld	17:01
17	P512	Christiaan	Tryhou	EHL	H/S Nelspruit	17:13
18	P3796	Bhekumuzi	Gaba	GS	Sasol AC	17:15
19	P2608	Njabuliso	Vilakazi	EHL	Rob Ferreira	17:31
20	P2201	Malibongwe	Mthiyana	NKG	N.A.A	18:13
21	4429	Legend	Mashego	EHL	Rob Ferreira	18:25
22	P4347	Johannes	Van der Merwe	EHL	H/S Lydenburg	18:34
23	P4703	Henk	Wolmarans	GS	H/S Oosterland	18:46
24	4891	Noah	Masinga	EHL	NPS	21:04
25	P1485	Ntshembo	Sibuyi	EHL	Lowveld High School	25:20
26		Matthew	Lowe		Laerskool Laeveld	27:19
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL
BOYS 15 (4KM) (2009)					
1	1032	Mnqobi	Mabuza	GS	Ermelo AC
2	P2178	Thanjekwayo	Gugulethu	NKG	N.A.A
3	3797	Sibonele	Shabangu	GS	Sasol Club
4	2243	Gift	Senamela	NKG	N.A.A
5	452	Daylen	Van Vuren	NKG	HTS Eskom athletics
6	5095	Bonolo	Motsepe	NKG	Patriot
7	P3094	Zandre	Van den Berg	NKG	Rooies
8	P4415	Mardus	Hattingh	EHL	Rob Ferreira
9	3827	Nkumane	Siyabonga	GS	Sasol Club
10	P4418	Julius	Hattingh	EHL	Rob Ferreira
11	P4414	Flip	Hattingh	EHL	Rob Ferreira
12	P5086	Nkosingiphile	Sibande	NKG	N.A.A
13	3825	Kgotso	Mobi	GS	Sasol Club
14	P1624	Ewan	Weideman	GS	Secunda Marathon club
15	P2183	Thapelo	Sithole	NKG	Nkangala Athletic academy
16	P2991	Siyanda	Ndubazi	EHL	Baberton High
17	P5087	Shongwe	Snethomba	NKG	Nkangala Athletic academy
18	P3849	Senzo	Skosana	GS	Sasol Club
19	4675	LJ	Potgieter	NKG	Rooies
20	P4934	Jean-Lee	Swanepoel	EHL	H/S Bergvlam
21	307	Pieter-Schalk	van den Heever	NKG	HTS Witbank
22	P3074	Willem	Du Plooy	NKG	Rooies
23	3798	Sinethembo	Mazibuto	GS	Sasol Club
24	P594	Joshua	Louw	EHL	Bergvlam
25	3118	Joshua	Strydom	NKG	HTS M
26	6699	Loutin	Beeslaar	EHL	H/S Lydenburg
27	P3095	Altus	Van Heerden	NKG	Rooies
28	4954	Waldo	de Bruin	NKG	HTS Middelburg
29	3112	Niel	Jacobs	NKG	Rooies
30	P842	Mikhail	de Lange	NKG	Red Star Runners
31	P4997	Jayte	Knoessen	NKG	NHS
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15,BOYS 15 (2009)

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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 16 (4KM) (2008)						
1	P3865	Lu-Mari	du Plessis	GS	Sasol MC	15:51
2	P250	Ava	Oosthuizen	EHL	HS Nelspruit	17:11
3	P566	Kaycee	Fincham	EHL	HS Nelspruit	17:24
4	P517	Rebekah	Braack	EHL	Lowmed	17:29
5	P3764	Wilmie	Scholtz	EHL	HS Nelspruit	18:10
6	P2996	Sibulelo	Khanyile	EHL	Baberton HS	18:27
7	P4742	Elbe	Janse van Vuuren	EHL	Bergvlam	18:34
8	P3339	Ingemaso	Odendaal	EHL	HS Nelspruit	18:39
9	4420	Asande	Singwane	EHL	Rob Ferriera	18:57
10	P3096	Mea	van Heerden	NKG	Rooies	19:09
11	P3110	Danielle	Lamprecht	NKG	Rooies	19:19
12	2941	Liane	van Zyl	EHL	HS Lydenburg	20:09
13	P4772	Tshepang	Tshesane	NKG	Kwa-kuqa Academy	20:34
14	3655	Ntokozo	Tshabalala	NKG	Mkobola	20:42
15	4341	Heleen	Myburgh	EHL	HS Lydenburg	21:20
16	P2987	Kananelo	Molaoa	EHL	HS Baberton	21:24
17	4464	Mizelle	Ruyters	NKG	Hertzog	21:43
18	P3850	Polite	Makoni	GS	Sasol MC	23:06
19	4422	Nicolette	Sheba	EHL	Rob Ferriera	23:25
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024						
						
POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
GIRLS 17 (4KM) (2007)						
1	1481	Sheba	Sithole	EHL	HS Nelspruit	16:35
2	P1031	Esmarie	Kloppers	GS	Ermelo MC	17:26
3	P3276	Mia	Ligthelm	NKG	Cambridge Academy	17:54
4	P90	Vukona	Mthetuwa	NKG	HS Hertzog	19:39
5	P4350	Elsemarie	van Zyl	EHL	Lydenburg HS	19:45
6	1454	Abigail	Dollenberg	EHL	LVCC Nedbank	19:59
7	P419	Megan	Nel	GS	Eskom	20:10
8	P3846	Mpho	Ditshego	GS	Sasol MC	20:58
9	P3101	Petra	Wassenaar	NKG	Roopies	21:02
10	3102	Beame	Cronje	NKG	Roopies	21:18
11	P4520	Janica	van Staden	EHL	NHS	21:19
12	P3171j	Noluthando	Mlabo	NKG	Siyabuswa	21:29
13	P4526	Anje	Stapelberg	EHL	NHS	22:10
14	P4519	Mia	Swart	EHL	NHS	23:29
15	P2974	Luyanda	Ngomani	EHL	HS Baberton	24:52
16	P1627	Abigail	Wolfaardt	GS	HS Oosterland	24:56
17	P3172	Nthabiseng	Rateu	NKG	Siyabuswa	26:05
18	P4344	Karri	Pieters	EHL	HS Lydenburg	26:43
19	P2992	Naledi	Selepi	EHL	HS	27:05
20	P4335	Chantell	Dolamo	EHL	HS Lydenburg	29:50
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
SENIOR WOMEN (4KM)						
1	P1535	Megan	Swanepoel	GS	Secunda Marathon Club	24:24
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024						
						
POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
SENIOR MEN (4KM)						
1	P2578	Samuel	Mathabula		Bellas	12:37
2	P2152	Moses	Malangu	NKG	NAA	12:54
3		Ayabonga	Mavuso		Private	13:18
4	P2238	Siphamandla	Maseko	NKG	NAA	13:47
5	442	Piet	Mtsweni	NKG	Eskom club	14:07
6	6706	John	Vilakazi	GS	Sasol	14:22
7	P2287	Mpho	Mashego	EHL	Mbombela MC	14:51
8	2415	Leon	van Zyl	EHL	Uniwisp	15:31
9	2218	Doctor	Madalane	NKG	NAA	16:07
10	2494	Bongani	Nkosi	NKG	E.C.M	16:39
11	P3810	Khethukuthula	Mncwabe	GS	Sasol	18:30
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024



AMPU



POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
WOMEN U/23 (4KM) (2001-2004)						
1	P3071	Kayla	Coetzee	NKG	Rooies	17:41
2	P3768	Sumari	v Staden	EHL	LVCC Nedbank	19:34
3	P1834	Tsholofelo M	Mahlangu	GS	Thungela Athletics club	20:14
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MPUMALANGA CROSS COUNTRY CHAMPIONSHIPS 2024


AMPU


POS	NO	NAME	SURNAME	AREA	CLUB/SCHOOL	Time
MEN U/23 4KM (2001-2004)						
1	P2151	Nkosinathi	Skosana	NKG	NAA	12:53
2	P2246	Scelo	Mncwango	NKG	NAA	13:04
3	P3157	Manqoba	Thungo	GS	Leandra	13:29
4	P82	Branon	Joubert	NKG	Coldust	13:50
5	2241	Tebogo	Mofete	NKG	NWA	14:06
6	1835	Philomi	Ndlovu	EHL	Thungela AC	14:10
7	P2236	Sakhile	Mnisi	NKG	NAA	14:17
8	P2378	Mfungelwa	Gule	EHL	City Mbombela	14:23
9	2240	Banele	Mpila	NKG	NAA	14:26
10	T4726	Nhlakanipho	Myambi	NKG	Real United	14:31
11	2105	Hanko	Cronje	NKG	MMK	14:52
12	P2239	Derso	Ndhlovu	NKG	NAA	14:59
13	P117	Marco	JvRensburg	EHL	Legogote villagers	15:05
14	P2637	Thembelihle	Siwela	EHL	Bellas	15:15
15	P2337	Banele	Jiyana	NKG	NAA	16:07
16	P3821	Siphokuhle	Mhlampiso	GS	Sasol	16:11
17	P3823	Thato	Mashibane	GS	Sasol	16:14
18	P3836	Sahele	Mkhwanazi		Sasol	17:27
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18,MEN U23 (2001-2004)

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